



Refresh & Health

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PEMF

Pulse Electro Magnetic Field

Red Light Therapy

Vibration Plate Therapy

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Vibration Plate Therapy

Skin Care

APLGO

REFRESH AND HEALTH is Redding California's holistic non-invasive therapy solution center.

To get the most out of your body it must be functioning at 100% capacity. There are many reasons as to why the body loses functionality over time, but there is a solution to help refresh your health and recharge and heal your body.



Refresh & Health

Health

Wellness

Therapy

WHY PEMF THERAPY

(Pulsed Electromagnetic Field) therapy not only relieves pain, promotes healing, and regeneration of cells, it circulates and oxygenates the blood and breaks up scar tissue. It also counter-acts the harmful electromagnetic radiation that we are constantly bombarded with from power lines, radio waves, cell phones, microwaves, etc.

FDA APPROVED

PEMF Therapy has been approved by the FDA for:

- * Healing of non-union fractures
- * Urinary incontinence and muscle stimulation
- * Treatment of depression and anxiety
- * Treatment of brain cancer



ENERGY

Every cell in your body is electrical! Like a tiny little battery, each cell needs a measurable electrical charge to function optimally. In other words, every cell needs certain amounts of energy, and the energy requirements change depending on the demands of the body. For example, if you go for a run your muscle cells use up more energy than when you walk or sit.

Everything from thinking to digesting food to running requires energy! Your vital organs, in particular, need a lot of energy to function properly, especially your brain, liver, kidneys and gut. Weak, stressed or diseased cells are known to have low energy. Most people today, even seemingly healthy people, are under performing at a cellular level. Lack of oxygen, toxicity, free radicals, and poor nutrition are just a few things that can rob you of energy.

High-Intensity PEMF Therapy bathes your cells in pure, raw energy by inducing a flood of electrons. In other words, it recharges your batteries! This helps your cells to function optimally and meets all their demands - and more!

NON-INVASIVE THERAPY SOLUTIONS

NUTRITION + DETOX

PEMF Detoxifies you cellular deep. Only High-Intensity PEMF can create the electric field necessary to effectively enhance the transportation of nutrients and waste products across the cell membrane.

So many people have to take vitamin and mineral supplements! With all the pollution, pesticides, GMO's, and preservatives used in this day and age, it is hard for the body to get adequate nutrition from the food you eat. Even when you supplement correctly there are many micro nutrients that have low bio availability.

High-Intensity PEMF enhances cellular metabolism. It helps to detox cells and allow more nutrients into the cells. This is especially important for elimination organs such as the liver, kidneys, and colon.

PEMF PRICING

Single session \$30.00
Pack of 5 \$125.00
Pack of 10 \$200.00

All sessions are 12 minutes long.